



TARGET SHOOTING IRELAND
Sprioc Lámhach na hÉireann



50m Supported Shooting Introduction Session

Target Shooting Ireland in conjunction with East Coast Shooting Club are running in 50m Supported Shooting introductory session at East Coast Shooting Club

When:	Saturday 25th August 2018
Location:	East Coast Shooting Club, Diamond Hill, Roundwood , County Wicklow
GPS:	53.047879, -6.203403 https://goo.gl/maps/V6gUYnqurk82
Time:	10:00

The 50m supported shooting session will be modelled on the SH1 Paralympic Event. It is similar to the ISSF 50m prone discipline, with the major difference being that the shooter supports the rifle while seated at a table as opposed to the normal prone position on the ground. As in 50m prone the shooter uses a jacket and a sling to help support the rifle, while both elbows are on the table and aims using iron sights.

The supported position is easier to move in and out of and requires less rotation of the neck so this may make it more suitable for people who have difficulties with the traditional prone position.

No experience necessary. Suitable for benchrest enthusiasts. Beginners Welcome.

Free session. Equipment provided



Sean Baldwin—Irish Paralympic Shooter (2012 and 2016 Paralympian)